

MAMÁ ›

Mom

FEEL GOOD AND LOOK GREAT

17
SPEEDY
BEAUTY
TIPS!

LOOK GREAT IN NO TIME

Who better to give advice than a busy mom who is a beauty pro? We asked four of our favorites to spill their secrets. ›

BY SHANNON M. BAUER

MAKEUP BY SUZY GERSTEIN FOR HONEY ARTISTS. HAIRSTYLING BY JEANIE SYFU FOR ATELIER MANAGEMENT. WARDROBE STYLING BY MORGAN GIBBONS FOR TRICIA JOYCE INC. MANICURE BY YUKIE MIYAKAWA FOR KATE RYAN INC.

MAKE SMART

Makeup MOVES

1 / SWITCH TO PENCILS

"I've found that they are the key to applying makeup fast, no brushes required," says makeup artist Christina Vega. "I can do my full face with **Nudestix Intense Matte Lip + Cheek Pencil** (\$24; nudestix.com) and **Magnetic Luminous Eye Color** (\$24; nudestix.com)."

2 / STAY ORGANIZED

"I've always loved the glam look, so after becoming a mom, I found faster ways to put makeup on," Vega says. "One big time-saver is to keep all my makeup in a single palette." Try the **Make Up For Ever Metal Pro Palette** (\$18 plus \$17 to \$23 for each shadow; sephora.com).

3 / APPLY ANYWHERE

Cars, city buses, or in line at Target—wherever you are, you can brush on a no-clump mascara quickly. "**Urban Decay Perversion Mascara** (\$24; ulta.com) is a favorite because it doesn't flake and is volumizing," Vega says.

4 / FIND THE ONE

"If I need to get ready quickly, I just sweep **MAC Cosmetics**

2

Mineralize Skinfinish in Cheeky Bronze (\$34; maccosmetics.com) on my forehead, cheekbones, and jawline for a quick glow," says hairstylist Millie Morales.

5 / CHILL OUT

"In the A.M., I walk straight to the fridge where I keep my **Origins GinZing Refreshing Eye Cream** (\$31; origins.com)," Vega says. "The cold formula depuffs and brightens my eye area."

6 / GO OFF-LABEL

"I find alternative uses for my products, like I use the **trèStique Define, Sculpt, and Set Brow Pencil** (\$24; trestique.com) on my brows and as eyeliner," says influencer Laura Reynoso.

5



Pencil and brow gel in one!

6

Meet Our Mom Experts



Christina Vega
@christinavega_
Panamanian and Puerto Rican mom of Jordan (18 months)



Laura Reynoso
@spanglishfashion
Dominican mom of Diego (2) and Mateo (due in July)



Bertha Baum, M.D.
Colombian mom of Elliot (11), Nicole (10), and Sara (1)



Millie Morales
@bellabymillie
Cuban mom of Julian

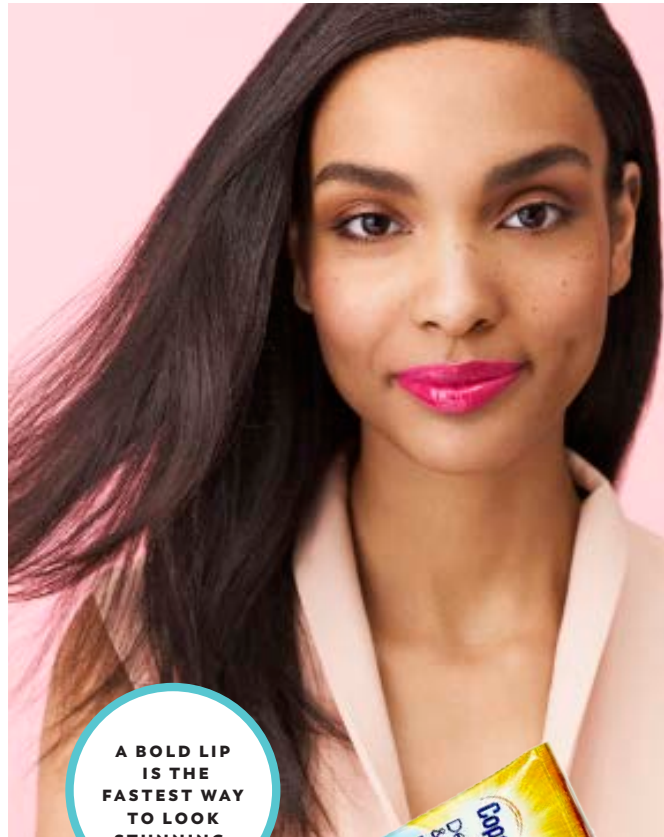
LOOK AWAKE!
"As soon as I get out of bed, I wash my face and drink a big glass of water with lemon," Reynoso says. "Both instantly make me feel alive."

PRODUCT SHOTS: JEFFREY WESTBROOK; EXPERTS FROM TOP: COURTESY OF CHRISTINA VEGA; COURTESY OF LAURA REYNOSO @SPANGLISHFASHION; ENRIQUE FLORES; OMAR CRUZ.

BOND WHILE YOU BEAUTIFY

“Once a week, my daughter and I put on a hydrogel sheet mask, lie in bed, drink smoothies, and talk,” dermatologist Bertha Baum, M.D., says.

Try **Freeman Beauty Infusion Moisturizing Hydrogel Face Mask** (\$6; riteaid.com).



A BOLD LIP IS THE FASTEST WAY TO LOOK STUNNING.

GET HEAD-TURNING Hair

1 / BOOST YOUR STYLE WITH WAVES

When your hair looks flat, wrap sections around a 1-inch curling iron, starting from the roots. “This is my beauty power move, because wavy hair gives me confidence,” says Reynoso.

2 / EMBRACE YOUR NATURAL TEXTURE

It takes so much extra time to force your hair to go from straight to curly, or curly to straight. It’s easier and faster to love what you’ve got. “In fact, my curly hair is my favorite feature,” Vega says. “I put in **Curls Blueberry Bliss Curl Control Jelly** (\$14; drugstores) and wear it as curly as I can—go big or go home!”

3 / OWN THE MESSY BUN

“Mom life is fast-paced, and sometimes I just need to throw my hair up and keep going,” says Morales, who hashtags her hairstyle #ALaMillie. “I slide a bobby pin through a hair tie and then pull my hair into a high ponytail. Next, I twist hair into a bun and use the attached pin to secure it in place—and finish with a spritz of hairspray,” she says.

4 / TREAT CURLS TO EXTRA MOISTURE

“The only beauty treatment that I always carve out time for is a weekly hair mask. It makes my curls much less dry and frizzy,” says Vega. “And then they’re easier to manage, which saves time in the long run.” Try **SheaMoisture Manuka Honey & Mafura Oil Intensive Hydration Masque** (\$13; drugstores).



SIMPLIFY YOUR Skin Care

1 / MAKE SUNSCREEN A MUST

“The sun is damaging your skin no matter what color it is; sunscreen is the best thing to protect and correct that damage,” says Dr. Baum, who likes mineral sunscreen because it’s safe for her whole familia. Try **Coppertone Defend & Care Clear Zinc SPF 50 Sunscreen** (\$11; drugstores).

2 / FIND TIME TO RELAX

“I apply a mask before any big event,” says Vega, who explains that it’s great for her skin, and it’s also a reminder that she’s beautiful with or without makeup. **GlamGlow Gravity Mud Firming Treatment** (\$69; sephora.com) clarifies and tones your skin.

3 / MULTITASK!

“I’m a fan of all-in-one products such as **Neutrogena Rapid Tone Repair moisturizer with SPF 30** (\$22; drugstores),”

Dr. Baum says. It’s a dark-spot corrector as well as excellent sun protection.

4 / BE PREPARED

“I don’t leave the house without a refreshing facial spray,” says Morales, who uses **Garnier SkinActive Soothing Facial Mist with Rose Water** (\$9; drugstores) to hydrate her skin when it feels dry throughout the day.

5 / FOLLOW THE GOLDEN BEAUTY RULE

“Never go to bed with your makeup on,” says Reynoso. “To deep-clean my face after removing eye makeup, I use **Tula Purifying Cleanser** (\$28; tula.com). Old makeup enlarges and clogs pores, which can lead to breakouts and prevent your skin from repairing itself while you sleep.”

